

# Practicing Karma as Social Necessity

## Inner Schooling to develop Social Faculties



Eight sessions over 2 years enable an inner schooling for those of you who want to work and live together with others, in order to:

**SEE the essence of your individuality and its presence in the social environment**

**Discover and apply your creative POTENTIAL**

**Out of presence in the moment bring impulses for the future into the WORLD**

To develop these abilities experiential methods, processes, lectures, arts and exercises are used, concentrated by working together in small groups with experienced facilitators. The whole course has a great intensity, making best use of each 4 day session.

The result of this schooling may be applied directly in many professional areas, but also within individual day-to-day life. Preference may be given to those who are or plan to be active in adult education or in pedagogical, social, therapeutic or healing professions.



# Structure

Karma work is central to this schooling, the aim being to realize your deeper intentions for this life and to transform influences out of the past which often hinder creative development. The starting point is always your own, individual everyday life. As inner processes open and deepen, life becomes ever more real and motivated, with a creative presence in each moment.

The course is an integrated totality; it is possible however to participate in individual seminars. Between the seminars tasks are set in order to individualize what has been learnt and integrate the new into daily life.



Methods we work with are:

- group work: 3 to 4 hours a day are spent in intimate group work, usually no more than four persons. These groups are accompanied by an experienced facilitator, often also by an assistant. Growing processes are guided individually.
- Lectures: We always explain why things are done in a certain way. The work has to be built on clear understanding of how things work.
- Observation exercises: One of the main instruments we work with is the selfless observation. It makes us independent and creates space for true encounters.
- Art work: Different art techniques take the transformational work to deeper layers. They are used to harmonize, to diagnose and to transform.
- Working with the night we learn to consult our own spiritual sources that are hidden at the night side of our consciousness.

After the basic 8 week karma course two optional seminars are offered, leading to research and application, in order to bring spiritually effective deeds into the world. Issues of sustainability of nature and future humanity are addressed. (see week IX and X)

**The course is available in English language in Belgium near Brussels and in German language in Engen, South Germany.**

## Weeks and Themes

**Week I: 9 – 13 February 2011 English (4 – 8 March 2011 German)**

**Foundations of practical karma work – first steps in Destiny Learning**

During this week we start from a personal event and try to understand it from a karmic perspective. The inner viewpoint from which we function shifts and we find the learning task in what life presents to us. The week will give important insights into the character and format of NALM work.

**Week II: 19 – 22 Mai 2011 English (5 – 8 May 2011 German)**

**New Learning as preparation for social competence and individual creativity**

We look at learning from the perspective of the seven life forces. It is the preparation for our karma work. The basic aim is to become more active and creative in social life. Important areas of new learning are presented and experienced in their etheric foundations.



**Week III: 29 September – 2 Oktober 2011 English**

(30 June – 3 July 2011 German)

**'Presence' in the open space for the encounter between human beings and with the environment.**

A condition for social life and karma work is our ability to really meet each other. In this seminar we try to delve into deeper levels of encounter in order to discover and unlock the secret of this mystery.

**Week IV: 1 – 4 December 2011 English**

(15 – 18 September 2011 German)

**Resistances become potential – healing through transformation – spiritual 'composting'**

Self-development needs the tension of resistances and obstacles, set in polarity with hopes and aspirations. Our resistances can be the signposts for the future if we learn to read and to deal with them. In this session we practice handling different types of resistances as compost material for transformation processes.



**Week V: 23 – 26 February 2012 English (10 – 13 November 2011 German)**

**Acquiring new faculties for creativity out of the karmic origin of resistances.**

We learn to deal with karmic recognition in order to transform and let go of the past, thereby creating an open space for freer deeds and for clarifying our individual tasks. (karma looping exercise I)

**Week VI: 17 – 20 Mai 2012 English (12 – 15 January 2012 German)**

**The Parzival-Question as a healing source for relationships.**

We try to karmically understand and transform problems in our relationships so that life forces can be set free to nourish our relationship network. We are building on a network of karmic relationships which can carry us into the future. (karma Looping exercise II)

**Week VII: 18 – 21 September 2012 English (8 – 11 March 2012 German)**

**The karmic conversation - The secret of the helping encounter between human beings**

Our experiences today touch existential levels and need a deeper kind of personal intimate response. We will learn to listen and engage in karmic conversations. What has been developed previously is now being practiced and can be applied in our personal as well as our professional life.

**Week VIII: 29 November – 2 December 2012 English (3 – 6 May 2012 German)**

**Initiative and Creativity – Integration into the karmic network.**

Taking on an initiative brings what has been learnt and researched into practice, That is the aim of our training. But how does it work? What is my initiative and how does it belong to the impulse of this incarnation? How can I become creatively active in my surroundings? (karma Looping exercise III)

**Two additional seminars:**

**Week IX: 13 – 16 September 2012 German (English dates to be announced)**

**Spiritual Research – our concern for a meaningful future**

Following the self development of learning to learn and learning from destiny, we move more deeply to a learning path for creative spiritual research. What needs to change as inner attitudes and faculties to become a researcher? How can you delve more deeply into the spiritual background of things? How do you listen out of the future time stream for what is needed today? Out of such questions a research process can begin.

## Week X: 8 – 11 November 2012 German (English dates to be announced)

### Changing the World through changing oneself

Perceiving spiritual forces behind outer problems enables us to do effective deeds. The Manichean way of earlier times returns today in new forms, to heal human souls and build a sustainable future. We will apply the research attitude to practice how “to love the evil good, gently”.

## Practicalities

### Times:

- 8 sessions of four days each, over two years (only the first introductory unit consists of 5 days)
- Thursdays to Sundays, 9.00 am to 6.30 pm, ending Sunday at 3.30 pm

### Costs:

- Course: 450 € per seminar, (A concession of 150 € is possible if complete course fee is paid in advance)
- Accommodation and meals around 55 € / day (not included in seminar fee)
- Financial assistance may be available. Please enquire.

### Locations:

#### English Course

European Centre La Foresta (close to Brussels),  
Prosperdreef 9, B - 3054 Vaalbeek, Tel. +32 16 40 24 91,  
Email: [info@laforesta.be](mailto:info@laforesta.be)

#### German Course

In Jugendseminar (Engen, near Bodensee, Germany),  
Goethestraße 1, D - 78234 Engen, Tel. +49 – 7733 – 7872,  
[info@seminarhaus-engen.de](mailto:info@seminarhaus-engen.de), [www.seminarhaus-engen.de](http://www.seminarhaus-engen.de)

Information and registration:

[www.nalm.net](http://www.nalm.net) or [infos@nalm.net](mailto:infos@nalm.net)

#### For the English course

- . NALM Shirley van Houten, Im Gröber 29, D - 88662 Überlingen, tel. +49 - 7551 - 308 237, [shirley@nalm.net](mailto:shirley@nalm.net)
- . NALM Jaak Hillen, Rolleken 10, B - 2275 Lille, tel. +32 14 883343, [jaak@nalm.net](mailto:jaak@nalm.net)

#### For the German course

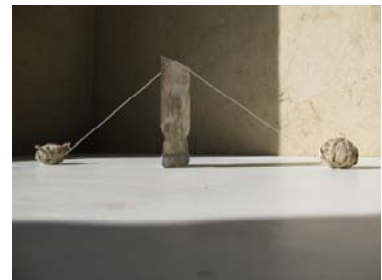
- . NALM Sophie Pannitschka, Mörikestr. 6, D - 78056 VS-Schwenningen, tel. +49 – 7720 - 95 24 800 , [sophie@nalm.net](mailto:sophie@nalm.net)

### Carriers:

Jaak Hillen, Coenraad van Houten, Shirley van Houten, Inga Jäger, May Oostvogels, Sophie Pannitschka, Ulrike Schauss, Hans Supenkämper, Dorothy Vogel, and other NALM colleagues.

### Language:

English - German



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### NALM e.V.

#### New Adult Learning Movement

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Paintings and Photos: May Oostvogels